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YOUR BEAUTY AND RELAXATION DESTINATION



THE SPA

AT IL CASTELLO



058 256 1543



079 500 1914



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Il Castello Boutique Hotel, 29 Hill Str, Clarens



MASSAGE THERAPY

TheraNaka® AFRICAN WOOD MASSAGE 90min **R980**

A signature experience mimicking the rhythmical patterns of an African dance, the TheraNaka® signature massage blends light stretching techniques and specially designed body and facial wooden implements to relax and restore your weary body. Being drizzled with a warm Olive and Shea butter ointment will nourish and heal dry skin whilst experiencing blissful relaxation and rejuvenation.

TheraNaka® CBD-INFUSED HEATED BALM MASSAGE 60min **R890**

Melt away the troubles of life as gentle stroking movements using a heated pure CBD infused balm helps to relax the body. Indulge in the synergistic calming effect of CBD, Ylang-Ylang, Geranium and Lavender as the warmth of the balm caresses your body and your senses naturally chillax.

TheraNaka® AFRICAN FUSION BODY MASSAGE 60min **R810**

Enjoy the freedom of choosing your favourite scent from our selection of Marula-herb infused Fusion body oils to address your every need whilst restoring balance.

- **Add Hot Stones** **R100**

- **Add Scalp massage** 20min **R140**

TheraNaka® MOM-TO-BE MASSAGE 60min **R810**

This massage relieves back pain and improves sleep mood.

TheraNaka® AFRICAN VIGOUR BACK MASSAGE 45min **R650**

A warm aroma blend infused with circulatory-boosting essential oils is coupled with a deep tissue massage relieving deep seated tension all the way to the core of the muscle. A refreshing gel is applied, leaving your body feeling refreshed and invigorated.

TheraNaka® INDIAN HEAD MASSAGE 30min **R350**

Focuses on the three higher "chakras" - mind, body and spirit. It is a deep massage, using a variety of pressure and techniques (with or without oil).

TheraVine™ CIRCULA-VAC FACIAL CUPPING THERAPY 30min **R350**

An alternative facial therapy creating local suction for a more contoured, smoother and glowing skin. Through increased microcirculation, the delivery of oxygen and nutrients to skin cells is optimised which in turn rejuvenates and brightens the skin.

TREAT YOUR FEET & DESERVING HANDS

TheraNaka® MANICURE

45min **R410**

Indulge in an African inspired spa manicure, treating your hands and forearms to a gentle exfoliation followed by an African Earth fusion hand massage, whilst including nail and cuticle attention, followed by a nail colour of your choice for your rejuvenated younger-looking hands.

TheraNaka® PEDICURE

60min **R430**

Pamper tired feet and legs during a soothing spa pedicure, focusing on exfoliation of rough skin, a customised nourishing African Shea butter dumbbell massage, including nail and cuticle attention. Choose a dazzling nail colour for your gorgeous new feet.

TheraNaka® UPLIFTING LEG RITUAL

45min **R600**

Experience a gentle massage therapy facilitated by our uplifting marula-herb infused fusion body oils to address your jet lag whilst restoring vitality, realign muscle and tissues to allow for a greater balance and harmony with lime, lavender and sweet orange essential oils, followed by an invigorating pressure point foot massage to restore your energy. Your treatment will be concluded by a relaxing scalp massage leaving you feeling refreshed and revitalised.

PAINT APPLICATION

15min **R100**

Buff and Paint, French or colour nail polish

GEL APPLICATION

20min **R150**

Buff and Paint, Gel polish application

ADDED VALUE FOR HANDS AND FEET

Paraffin dip

15min **R170**

Soak off

30min **R100**



FACIAL TREATMENTS

TheraVine™ CUSTOM FACIAL 60min **R590**

All our treatments begin with an in-depth skin consultation by a TheraVine™ expert, trained and skilled to assess your specific concerns. Each phase that follows has been expertly woven to meet the needs of mind, body and skin while aromas and indulgent textures provide for a multi-sensory experience, each treatment expertly crafted for your ultimate treatment satisfaction.

- Add Ultravine™ Advance Retinol Eye Mask **R200**

TheraVine™ HYDRAVINE FACIAL 60min **R660**

A revolutionary cloth mask containing Hyaluronic Acid intensely moisturises the skin and 'locks in' active ingredients for up to 3 weeks – perfect for very dry, sensitive skin needing intense hydration!

TheraVine™ DELUXE ANTI-AGEING FACIAL 60min **R660**

This replenishing treatment assists in reducing fine lines and wrinkles with peptide-rich boosters and serums to combat the signs of ageing while a plasticizing mask further enhances the actions of the active ingredients.

WAXING

EYEBROW SHAPE WAX	15min	R90
LIP OR CHIN WAX	15min	R100
LIP AND CHIN WAX	30min	R180
FULL LEG WAX	60min	R300
HALF LEG WAX	30min	R200
UNDER ARM WAX	30min	R160
BIKINI WAX	30min	R200
HOLLYWOOD	60min	R350
BRAZILIAN	45min	R300

TINTING

BROW	15min	R60
LASHES	15min	R100



IL CASTELLO SPA PACKAGES

COUPLES DELIGHT

90min **R2250 per couple**

Includes Bubbles and Spa Platter for 2

TheraNaka® CBD-INFUSED HEATED BALM MASSAGE 60min Melt away the troubles of life as gentle stroking movements using a heated pure CBD infused balm helps to relax the body. Indulge in the synergistic calming effect of CBD, Ylang-Ylang, Geranium and Lavender as the warmth of the balm caresses your body and your senses naturally chillax. Coupled together with a Indian Head Massage that focuses on the three higher "chakras" - mind, body and spirit. It is a deep massage, using a variety of pressure and techniques (with or without oil).

JUST FOR ME

4hrs **R2200 per person**

Includes Beverage & Light Lunch from our Limoncello Spa Menu

TheraNaka® African Fusion Body Massage

TheraNaka® Pedicure

TheraNaka® Manicure

TheraNaka® Custom Facial

MOMMY-TO-BE JOURNEY

3hrs **R1800 per person**

Includes Beverage & Breakfast or Light Lunch from our Limoncello Spa Menu

TheraNaka® African Fusion Earth Body Massage

TheraNaka® Manicure OR Pedicure

TheraNaka® Custom Facial

TRAVELLERS RELIEF

75min **R950 per person**

Includes Beverage & Fruit Delight

TheraNaka® African Vigour Back Massage

TheraNaka® Indian Head Massage

EXPRESS ME

2hrs **R900 per person**

TheraNaka® Manicure or Pedicure

TheraNaka® Custom Facial



TAILOR MADE PACKAGES

Contact us to design your perfect "Spa Day" for loved ones, friends, and co-workers.

SPA ESSENTIALS

- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- In spirit of mutual respect, we kindly request punctuality.
- Spa guests aged 15 years and under must be accompanied by an adult.
- Gratuities are not included in the treatment price, it is at your discretion to add a gratuity for treatment excellence.
- The Spa at Il Castello is not responsible for any theft, loss or misfortune that may occur.

GIFT CARDS

Spoil someone special with a gift card, ideal for any occasion.



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